

At Seattle Sutton's Healthy Eating, we take pride in prioritizing your well-being by crafting nutritious and delicious meals without compromising on quality. To ensure the highest standards, we adhere to a stringent list of unaccepted ingredients. This includes but is not limited to artificial preservatives, colors, flavors, sweeteners, and any other additives that may compromise the integrity of our meals.

- ZERO Artificial Colors
- ZERO Artificial Sweeteners
- ZERO Hydrogenated Fats
- ZERO MSG
- ZERO High Fructose Corn Syrup
- ZERO Harmful Preservatives



## UNACCEPTED INGREDIENTS

Acesulfame-K (Acesulfame Potassium)  
Aloe Vera  
Ammonium Chloride  
Artificial Colors/Synthetic Food Dyes  
Artificial Flavors  
Aspartame (Equal, AminoSweet)  
Azodicarbonamide  
Brazzein  
Brominated Vegetable Oil (BVO)  
Butylated Hydroxyanisole (BHA)  
Calcium Saccharin  
Calcium Sorbate  
Calcium Stearoyl-2-Lactylate  
Cannabidiol (CBD)  
Caprocapylobehenin  
Carmine  
Certified Colors  
Cyclamates  
Diacyetyl

Dimethylpolysiloxane  
Diocetyl Sodium  
Sulfosuccinate (DSS)  
Ethyl Vanillin  
Ethylene Oxide  
Ethoxyquin  
Ginkgo Biloba  
Hexa-, Hepta- and Octa-esters of Sucrose  
High-Fructose Corn Syrup  
High-Maltose Corn Syrup  
Hydrogenated Fats  
HSH (Hydrogenated Starch Hydrolysate)  
Lead Soldered Cans  
Methyl Silicon  
Methylparaben  
Micro-particularized Whey Protein Derived  
Monatin  
Monk Fruit Extract  
Monosodium Glutamate (MSG)  
Nitrates/nitrites  
Olestra (Olean)

Partially Hydrogenated Oil (Trans Fat)  
Polydextrose  
Polysorbate 60 and 65  
Potassium Bromate  
Potassium Iodate  
Propyl Gallate  
Propylparaben  
Saccharin  
Salamatrim  
Sodium Aluminum Sulfate  
Sodium Diacetate  
Sodium Glutamate  
Sodium Nitrate/Nitrite  
Sucralose (Splenda)  
Sucroglycerides  
Sucrose Polyester  
Sugar Alcohol (Isomalt, Lactitol, Maltitol, Mannitol, Sorbitol, Xylitol)  
Tagatose  
TBHQ (Tertiary Butylhydroquinone)  
Transglutaminase ("meat glue")