

FAQ'S Clean labels

At Seattle Sutton's Healthy Eating, we take pride in prioritizing your well-being by crafting nutritious and delicious meals without compromising on quality. To ensure the highest standards, we adhere to a stringent list of unaccepted ingredients. This includes but is not limited to artificial preservatives, colors, flavors, sweeteners, and any other additives that may compromise the integrity of our meals.

- 7FRO Artificial Colors
- ZERO Artificial Sweeteners
- ZERO Hydrogenated Fats
- ZERO MSG
- ZERO High Fructose Corn Syrup
- ZERO Harmful Preservatives

UNACCEPTED INGREDIENTS

Acesulfame-K (Acesulfame Potassium) Aloe Vera Ammonium Chloride Artificial Colors/Synthetic Food Dves Artificial Flavors Aspartame (Equal, AminoSweet) Azodicarbonamide Brazzein Brominated Vegetable Oil (BVO) Butylated Hydroxyanisole (BHA) Calcium Saccharin Calcium Sorbate Calcium Stearoyl-2-Lactylate Cannabidiol (CBD) Caprocaprylobehenin Carmine Certified Colors Cyclamates

Diacetyl

Dimethylpolysiloxane Dioctyl Sodium Sulfosuccinate (DSS) Ethyl Vanillin Ethylene Oxide Ethoxyauin Ginkao Biloba Hexa-, Hepta- and Octaesters of Sucrose High-Fructose Corn Syrup High-Maltose Corn Syrup Hydrogenated Fats HSH (Hydrogenated Starch Sodium Glutamate Hydrolysate) Lead Soldered Cans Methyl Silicon Methylparaben Micro-particularized Whey Protein Derived Monatin Monk Fruit Extract Monosodium Glutamate (MSG) Nitrates/nitrites

Partially Hydrogenated Oil (Trans Fat) **Polydextrose** Polysorbate 60 and 65 Potassium Bromate Potassium lodate Propyl Gallate Propylparaben Saccharin Salatrim Sodium Aluminum Sulfate Sodium Diacetate Sodium Nitrate/Nitrite Sucralose (Splenda) Sucroalycerides Sucrose Polyester Sugar Alcohol (Isomalt, Lactitol, Maltitol, Mannitol, Sorbitol, Xylitol) Tagatose TBHQ (Tertiary Butylhydroguinone) Transalutaminase ("meat glue")



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Olestra (Olean)

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