



FAQ'S | Pricing

The 7-Day Meal Plan (21 meals) includes 2 fresh deliveries/pickups per week and can be started on a Monday or a Thursday. The 4-Day Meal Plans (12 meals) are available on either Mondays or Thursdays.

1200 CALORIE - Traditional

7 DAY (21 MEALS)	\$163.00
4 DAY (12 MEALS)	\$109.00

1500 CALORIE - Vegetarian

7 DAY (21 MEALS)	\$173.00
4 DAY (12 MEALS)	\$114.00

2000 CALORIE - Traditional

7 DAY (21 MEALS)	\$193.00
4 DAY (12 MEALS)	\$124.00



Visit www.seattlesutton.com or call 800-442-3438 to learn more!